



RSST News

February 9, 2010

Year End Exhibition Skate

Sunday February 21, 2010

Al Ritchie Arena

Practice Schedule

Special Guests	2:00 – 2:10
Beginner I	2:10 – 2:20
Beginner II	2:20 – 2:30
Adult III	2:30 – 2:40
Elementary	2:50 – 3:00
Pre-Novice	3:00 – 3:10
Adult II	3:10 – 3:20

Skate Schedule

Beginner I	4:00 – 4:05
Beginner II	4:05 – 4:10
Adult III	4:10 – 4:15
Elementary	4:15 – 4:20
Pre-Novice	4:20 – 4:25
Adult II	4:25 – 4:30
Special Guests	4:30 – 4:35

Please see the attached file accompanying this email for full schedule of events

Year End AGM and Awards Banquet

The year end banquet will take place right after the exhibition skate on Feb. 21 at the Church of Christ (1825 Rothwell St). Doors will open at 5:30 with supper at 6:00 and the AGM at 7:00. The awards will follow the AGM. Tickets will be \$10. Please let your team manager know how many tickets you need by Feb. 15 and they will collect your money.

Calling All Dads!!!

RSST is calling all dads, grandpas, uncles, husbands, boyfriends, etc to participate in our Year End Exhibition Skate on Sunday Feb. 21. We are putting together a Synchronized Skating Routine for Dads (or male relatives) to participate in. Basic skating skills are required and we will have two practices prior to Feb. 21 to learn and put the program together, and then you will be our Special Guest performance at the exhibition skate. The program will be short and easy to learn. If you would like to participate or have any questions please reply by Wednesday Feb. 10 to Susan at swaldal@accesscomm.ca or phone 586-7377.

Practices would be on Thursday Feb. 11 and Thursday Feb. 18th from 8:45 - 9:45 pm at the Doug Wickenheiser Arena.

Skate Regina Achievement Skate

March 27, 2010

There will be two slots available to do synchronized programs on this achievement day. Which teams use those slots will be determined by availability. The cost for synchronized skaters to participate will be \$10.00 which helps cover the cost of ice for the day. RSST will be supplying our own costumes so there will be no extra cost there. Synchronized skaters that are participating will have a couple of practices during the week prior to March 27. Skaters will need to be available for the full day of March 27 for dress rehearsals and performance. There may also be a rehearsal on Friday March 27. Please let your manager know your availability for the Achievement Skate by Feb. 21 and we will collect the registration. Stay tuned for details!

★Please remember that skating is cancelled on Monday February 15 due to the stat holiday★

Recent Results

RSST teams travelled to Morris, Manitoba this past weekend to participate in the 2010 Prairie Regional Synchronized Skating Championships. The Beginner II team "Ice Ice Babies" finished 2nd in their category, the Elementary Team "Harmony" finished in 4th while the Pre-Novice Team "Infinity" and the Adult I Team "Symmetry" both took home the gold medals in their categories. Congratulations to all skaters, coaches, parents and managers on a very successful weekend!

2010-2011 Policy Changes

A detailed email was sent out last week regarding proposed executive changes for the 2010-2011 season. Please read through it before the AGM on Feb. 21.

If you are interested in continuing in, or volunteering for, or nominating someone for the listed positions please let us know by Feb. 15th. This will make our time at the AGM more efficient for everyone. If you would like to nominate someone, please ask them if they are willing prior to submitting their nomination. The current General Manager and Treasurer will not be continuing on the executive in their current capacity, but will still be involved and available to those willing to fill the positions.

The list of proposed executive positions is as follows:

- General Manager
- Assistant Manager in charge of Travel and Competition
- Assistant Manager in charge of Registration & Scheduling
- Secretary
- Treasurer
- Assistant Treasurer
- Publicity Chair
- CanSynchro Chair
- Fundraising Coordinator